



Leslie C. Guditis, PhD

Certified Family Life Educator and Licensed Marriage and Family Therapist

Single Session Couples Counseling

Is your marriage/relationship in trouble? Could you use some tools for more effective communication and better problem-solving?

Perhaps your busy schedules make it challenging to find a time for counseling that works for partners, babysitters, the therapist, and so on. Perhaps you are on a limited budget, and you do not have the resources to have weekly or bi-weekly sessions for months.

When you come to me for Single Session Counseling, I can get you in and out, and you can move forward with your life, in a bigger, better, and more productive way.

I can help, and I can help fast!

My sessions may be intense, but for those couples who are at a crossroads, those who need to make fundamental changes, and those who are *ready* to make those changes, this is just what the doctor ordered.

I offer:

2-hour Intensive Sessions

Half-day Super-Intensive Sessions (four hours)

If you are in crisis, and/or you desperately need to repair your relationship, sessions like these will give you the opportunity to work with me to understand your needs and values, to examine your existing patterns, and to set goals for changes you desire. You will have time to work through feelings and to rehearse new skills.

If you are experiencing infidelity, a loss of trust, sexual issues, communication issues, intimacy issues, substance use/abuse issues, among others, you probably have found that you two are drifting apart. Together, with commitment, we can work to get you on the road to healing your relationship.

I do not profess to be a miracle worker, but I believe I can help you make some positive changes, in a short period of time, that may help you get your relationship back on track. This is a chance to save your relationship, which could equate to a great investment!

2-hour session - \$175 Follow-up sessions (by phone or in the office) are available (fees apply).

Half-day session (four hours) - \$475 Includes a one-hour follow-up session in the office and two follow-up 15 minute phone calls.

Call Leslie today! (940) 594-2370 www.lcguditis.com